# SYPartners Map your duos

#### 1. Draw a circle for each member of your team (or people you work closely with) in the blank space

with) in the blank space below, surrounding "Me." Write the name in the circle.

## 2. Evaluate the strength

of each duo using the four options at the bottom of this page. Draw a line (double, single, dotted, or zig-zag) to connect the "Me" circle to each duo.

#### 3. Reflect on the questions

associated with each type of duo, and write your thoughts next to each duo you mapped.



#### UNBREAKABLE

These are your tightest and most cherished relationships. There is such a deep trust and understanding that working together is almost always seamless.

What have you learned about what makes an amazing duo?

What insights can you share with others?

## STRONG

These are healthy and solid relationships, with mutual trust and understanding. Together, you produce better results than either of you could alone.

Could this duo become unbreakable? How?

If not, what do you think stands in the way?

## WEAK

These are people with whom you have little to no relationship. Your duo is neither strong nor broken.

Why is this duo weak? (e.g., it's a new relationship, you haven't seen a need to focus on it, etc.)

What's one small move you can make to strengthen your bond?



These are relationships that just aren't working. There is conflict, lack of trust, misaligned goals, or an inability to get into a good working flow.

Why is this duo broken? Can you identify a reason?

What's one thing you can do to shift the tone?